



PRIMARY SCHOOLING FROM HOME TIPS FOR PARENTS

As we get further into the year students and parents will need to adjust to the change of working while trying to assist in schooling from home. For a lot of families this is going to be a challenging period however with the implementation of certain strategies it can be done!

While having children who are in secondary school comes with its challenges, primary school parents have more of an active role in learning. It's important to remember that schools will provide you with learning tasks, activities and curriculum for each day. Your role will be to act as a facilitator or teacher's aide, assisting and supporting your child to get as much learning as they can during this period of time.



IT'S NOT GOING TO BE EASY...

Implementing a plan for your family is the best way to get the most out of this situation. It is important to remember that school staff are still available for assistance during this time. If you are working from home during this challenging period, try to be flexible and adapt where possible.

For more information on working from home visit;
lovemeloveyou.org.au

For support during this time please visit our Support Pathway via lovemeloveyou.org.au/support





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HERE ARE OUR TOP TIPS FOR JUGGLING THIS CHANGE

ROUTINE IS CRITICAL Creating structure similar to that of a school day for your child encourages learning and concentration. Consider encouraging children to dress in their uniform.

PROVIDE AUTONOMY Give your child an opportunity to create their own timetable. If they are normally left to work on a task by themselves, maintain this and don't hover.

SCHEDULING Break down the day into different subjects. Incorporate creative, reading or movement time. Additionally, regular breaks are critical. Frequent short breaks are great for keeping concentration levels high. For younger students a break every 20-30mins is recommended.

DON'T EXPECT NON-STOP WORK Any expectation that work will be completed for the entirety of the school day should be let go. This is unrealistic. Incorporate reading time or creative tasks or encourage your child to learn new skills.

SHIFT WORK Depending on family dynamics, parents can work in shifts allowing each other time to work (or relax).

PROVIDING FEEDBACK Focus on how much effort was put in, willingness to learn and level of concentration. Teachers will provide learning task feedback.

CREATE A VIRTUAL CLASSROOM Go online with other families during tasks to increase connection with classmates.

SETUP WORKSPACES Have a designated workspace for school/work to help to increase productivity.

COMMUNICATION IS KEY Create discussion about learning and the challenges faced. Keep checking in with your children as to understand where adjustments might need to be made.

FIND WHAT WORKS FOR YOU Try not to worry yourself with increased screen time or worrying about key learnings. There are many ways for children to learn during this time including cooking, creativity or through increased screen time (i.e. Mathematics).

